



Sandgate Primary School were invited to take part in a Sporting Challenge at the Folkestone Sports Centre on Wednesday 25th January 2012.

"We played volley ball but with a difference – we had to sit down all the time!"



"It's very difficult to move quickly when you are sitting down."

"You felt like you wanted to stand up – it was as if your brain was confused."



"It made you realise how good disabled athletes are in the Paralympics."

